

Student Top Tips for a smooth start in Year 7

Below you will find a list of top tips collated by our Year 7 cohort to help your child's transition begin as smoothly and successfully as possible.

From me, to you - Year 7 Student's Top Tips for starting at TKASA

1. Get set before day one! You should make sure you are ready for your first day and the days ahead. Make sure you have your bag packed with all the equipment you need, uniform ready and a good night's sleep.
2. Buy a very strong bag. You will have loads to carry including a water bottle or possibly your packed lunch and not forgetting your PE kit when you have it.
3. Work out your route to school, whether you're walking or taking public transport. Practise until you're confident and time yourself. Also, make sure you have an alternative route in case of problems with transport. If it helps, draw a map.
4. Always eat breakfast, even if you feel nervous or tired. It's a long time until lunch.
5. Use the school map and building/ room numbers to help you learn the layout out of the school. You do not want to turn up late to every lesson or get lost.
6. When you are given your timetable, make at least three copies: one for your bag, one for your pocket and a spare for home. Go through your timetable and pack your bag the night before – there's never enough time in the morning to find your equipment such as your uniform and Knowledge Organiser or pack your PE kit.
7. During lesson changeover, stick with someone/a group rather than by yourself. This will help with learning the different rooms and it means you can help each other if you get lost. If you are both unsure you can ask teachers or students who have been in the school longer than you have. Plus, don't try to go against the flow of traffic, you will not get there any quicker.
8. Find out where the toilets are.
9. Join the library at break or after school, it's a great place to go if you want to do some homework or go on the computers.
10. Join an after school club! TKASA runs free clubs and they are a great chance to meet new people and learn new skills. You will be given the timetable in the first term and can join any time! Make sure home knows you are attending the club.

Never be afraid to ask for help if you're not sure where to go. Other students and teachers will help you and you will feel better for it.