

Week 1

	Lesson 1		Lesson 2		Lesson 3		Lesson 4		Lesson 5	
M O N D A Y	8PX Core PE		7PX Core PE		11PX Core PE		Free Lesson		9PY Core PE	
	SS6 KC	Badminton Team Games	SS6 KC	Team Games Gymnastics	SS6 KC				KC SP3	Team Games Badminton
	PJH MB1	Table Tennis Football	PJH JM4	HRF Football	MB1 PJH JM4				MB1 PJH	Football Table Tennis
	JM4	13APV	MB1	11DPV					SS6	11BPV

	7PX Core PE		7PY Core PE		10PY Core PE		No Core PE		9PX Core PE	
T U E S D A Y	SS6 SP3	Gymnastics Team Games	SS6 SP3	Team Games Gymnastics	SS6 SP3	Just Dance Table Tennis			SP3 SS6	Badminton Team Games
	PGS MB1	Football HRF	MB1 PJH KC	HRF Football HRF	PJH MB1 JM4	Fitness Basketball Flight			PJH MB1	Football Table Tennis
	KC	11CPX					MB1 PJH KC	10CPV 10CPX 12DPV		

	No Core PE		8PY Core PE		No Core PE		Free Lesson		Free Lesson	
W E D N E S D A Y			EP1 SS6	Badminton Team Games						
			MB1 PJH JM4	Table Tennis Football Team Games						
	KC PJH	12DPV 13APV	SP	10APV	EP1 KC	10APV 11CPX				

	11PY Core PE		9PX Core PE		No Core PE		No Core PE		7PY Core PE	
T H U R S D A Y	EP1 KC		KC EP1	Team Games Badminton					EP1 SP3	Gymnastics Team Games
	JM4 PJH MB1		PJH JM4	HRF Football					MB1 PJH KC	Football HRF HRF
			MB1	11DPV	MB1 EP1	11DPV 12DPV	PJH	13APV		

	8PX Core PE		10PX Core PE		8PY Core PE		No Core PE		9PY Core PE	
F R I D A Y	SP3 SS6	Team Games Badminton	EP1 SP3	Fitness Just Dance	EP1 SS6	Team Games Badminton			SS6 EP1	Badminton Team Games
	PJH MB1	Football Table Tennis	MB1 PJH JM4	Basketball Table Tennis Flight	MB1 PJH SP3	Football Table Tennis Basketball			MB1 PJH	HRF Football
	EP1	10APV					MB1 PJH SP3 EP1 SS6	10CPV 10CPX 11CPX 12DPV 13APV		

Week 2

	Lesson 1		Lesson 2		Lesson 3		Lesson 4		Lesson 5	
M O N D A Y	9PX Core PE		7PX Core PE		11PY Core PE		No Core PE		11PX Core PE	
	SP3 SS6	Badminton Team Games	SS6 KC	Team Games Gymnastics	SS6 KC				SS6 SP3	
	PJH MB1	Football Table Tennis	PJH JM4	HRF Football	SP3 MB1 PJH				KC MB1 PJH	
	JM4	13APV	MB1	11DPV			KC	12DPV		

	7PY Core PE		9PY Core PE		9PX Core PE		No Core PE		8PX Core PE	
T U E S D A Y	SS6 SP3	Team Games Gymnastics	KC SP3	Team Games Badminton	KC SP3	Team Games Badminton			SS6 KC	Badminton Team Games
	MB1 PJH JM4	HRF Football Team Games	MB1 PJH	Football Table Tennis	PJH MB1	HRF Football			PJH MB1	Table Tennis Football
			SS6	11BPV	SS6	11BPV	KC SS6	12DPV 13APV	SP3	10APV

	8PY Core PE		No Core PE		No Core PE		Free Lesson		7PX Core PE	
W E D N E S D A Y	EP1 SS6	Badminton Team Games							KC SP3	Gymnastics Team Games
	MB1 PJH JM4	Table Tennis Football Team Games							PGS MB1	Football HRF
			JM4 PJH KC	10CPV 10CPX 11CPX	KC PJH	11CPX 13APV			EP1	10APV

	7PY Core PE		10PX Core PE		9PY Core PE		No Core PE		10PY Core PE	
T H U R S D A Y	EP1 SP3	Gymnastics Team Games	EP1 SP3	Fitness Just Dance	KC EP1	Badminton Team Games			EP1 SP3	Just Dance Table Tennis
	MB1 PJH JM4	Football HRF Team Games	KC MB1 PJH	Trampolining Basketball Table Tennis	MB1 PJH	HRF Football			KC PJH MB1	Trampolining Fitness Basketball
			SP3	11BPV			EP1	12DPV		

	8PY Core PE		No Core PE		No Core PE		No Core PE		8PX Core PE	
F R I D A Y	EP1 SS6	Team Games Badminton							SP3 SS6	Team Games Badminton
	MB1 PJH SP3	Football Table Tennis Basketball							PJH MB1	Football Table Tennis
			JM4 PJH	10CPV 10CPX	JM4 PJH MB1 SS6	10CPV 10CPX 11DPV 13APV	SS6	11BPV	EP1	12DPV